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A questionnaire is a series of questions used to gather information. Questionnaires are usually standardized, meaning they will present the same exact questions in the same exact order for multiple participants. These questions are usually open-ended in order to gather as much information as possible.

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Certified Personal Trainer Sample Exam Questions Screening and Assessment. You have measured your client's BP using a cuff, stethoscope, and sphygmomanometer. The results are: Trial 1 SBP (mmHg) = 110 & DBP (mmHg) = 68. Trial 2 SBP (mmHg) 114 & DBP (mmHg) = 66. Which of the following is the BP that should be used in medical screening?

Certified Personal Trainer Sample Exam Questions - Cooper ...

Use this list of commonly asked fitness trainer interview questions as you prepare for showcasing your skills and qualifications. Warmup Questions An interview will usually begin with basic questions, perhaps related to your background in competitive sports or education in nutrition.

Interview Questions for a Personal Fitness Trainer

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A personal trainer helps their clients achieve their overall health and fitness goals. Differing needs require tailor-made approaches. To achieve maximum results, people need to pair a strong exercise regimen with a healthy diet, so a good personal trainer's job will include helping clients set and achieve goals in those areas.

5 Personal Trainer Interview Questions and Answers

Personal conveyance is the movement of a commercial motor vehicle (CMV) for personal use while off-duty. A driver may record time operating a CMV for personal conveyance as off-duty only when the driver is relieved from work and all responsibility for performing work by the motor carrier. The CMV may be used for personal conveyance even if it is laden, since the load is not being transported ...

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